

# TAKE 5

- 1** THINK THROUGH THE TASK
- 2** IDENTIFY THE HAZARD
- 3** ASSESS AND CONTROL
- 4** IMPLEMENT CONTROLS
- 5** DO THE TASK SAFELY

**JUNCTION**  
ENGINEERING GROUP



# Are my hands at risk of injury?

Hands are essential for daily life whether working, playing or caring for others.

- Are your hands and fingers in a pinch point?
- Are you using the right tools for the job?
  - Are there any sharp objects that can cut hands and fingers?
    - Is your non-dominant hand in the line of fire?

## Are you wearing the proper gloves for the task?

EN 388



4X42CP

Abrasion Resistance (1-4)  
Cut Resistance (1-5)  
Tear Resistance (1-4)  
Puncture resistance (1-4)

**EN388:2003**

Impact Protection  
Pass or Fail  
Blade Cut  
Resistance (A-F)

**EN388:2016**

## To keep our hands safe we:

- ✓ Only operate mechanical tools with appropriate guarding
- ✓ Identify the hazards that can injure our hands.
- ✓ Control stored energy
- ✓ Stay out of the line of fire
- ✓ Do not touch a moving load with our hands

# LIFE SAVING COMMITMENTS



**ISOLATIONS:** I will always isolate, lockout and discharge all energy sources before working on any plant or equipment.



**VEHICLES:** I will always ensure my vehicle is safe to drive, seat belts are worn and I drive responsibly.



**WORKING AT HEIGHT:** I will never work at height without appropriate fall protection or fall prevention in place.



**LIFTING OPERATIONS:** I will always check the load is secure and never touch or walk under a suspended load.



**HAZARDOUS OPERATIONS:** I will always ensure that I obtain, read and follow the instructions on the Safety Data Sheet (SDS) for any hazardous substance I will be working with.



**CONFINED SPACE:** I will never enter a confined space unless trained and authorised to do so.



**ELECTRICITY:** I will always ensure electrical hazards are understood and controlled before starting work.



**FITNESS FOR WORK:** I will never come to work or drive a vehicle under the influence of drugs or alcohol.



**PLANT AND MOBILE EQUIPMENT:** I will never operate plant or mobile equipment unless trained, competent and authorised to do so.



**SAFETY PROTECTION DEVICES:** I will never remove, bypass or modify a safety protection device (e.g. guard, interlock or barricade) without authorisation.

**SAFETY**  
**+PRODUCTIVITY**  
**RESULTS**